

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast & Lunch are served with 1% milk or milk substitute.				
1. Warmed English muffin w butter, mandarin oranges	2. WGs. Special K cereal, banana slices	3. Wg pancakes, strawberries	4. WGs toast w jelly, turkey sausage, bananas	5. Wg muffin, applesauce
<u>Turkey & cheese sandwich on wg bun, carrot sticks, apple slices</u>	<u>Soft beef tacos w/ shredded cheese, taco sauce, corn, diced pineapple</u>	<u>Chicken patty sandwich on wg bun, sweet peas, diced pears</u>	<u>Cheeseburger sliders on wg bun, fries, watermelon slices</u>	<u>Wg cheese pizza, garden salad, diced peaches</u>
<i>Wg Graham crackers, Peanut butter</i>	<i>Diced peaches & yogurt</i>	<i>Applesauce and wg graham crackers</i>	<i>Strawberry cup & Chex mix</i>	<i>Wg Goldfish crackers, 100% fruit juice</i>
8. Wg English muffin w jelly, apple slices	9. Yogurt, wg granola, banana slices	10. Wg Cheerios, orange slices	11. Wg French toast, diced peaches	12. Wg waffles w/ syrup, diced pears
<u>Sloppy joe sandwiches on wg bun, tater tots, mixed fruit</u>	<u>Wg chicken nuggets, green beans, pears</u>	<u>Turkey wrap, on soft tortilla shell, carrot sticks, applesauce</u>	<u>Soft tacos, corn, diced pineapple</u>	<u>Crispy chicken salad w dressing, Wg breadsticks, fruit cocktail</u>
<i>Chex cereal and blueberries</i>	<i>100% juice and wg Animal crackers</i>	<i>Wg Cheez-Its and apple slices</i>	<i>Wg Ritz crackers & cheese cubes</i>	<i>Wg Zucchini bread & yogurt</i>
15. Wg mini bagels w cream cheese, 100% Pineapple juice	16. Kix cereal w/ banana slices	17. Wg pancake on a stick, applesauce	18. Wg Cheerios, diced pears	19. Wg breakfast pizza, 100% grape juice
<u>Chicken sandwich on wg roll, orange slices, coleslaw</u>	<u>Cheeseburger on wg bun, baked beans, diced pineapple</u>	<u>Ham & cheese sandwich on wg bun, potato cakes, fruit cocktail</u>	<u>Taco salad w ground beef, Wg tortilla chips, apricot halves</u>	<u>Pepperoni pizza, tossed salad, mixed fruit</u>
<i>Club crackers and cheese stick</i>	<i>Wg Goldfish crackers and 100% apple juice</i>	<i>Wg Animal crackers with yogurt</i>	<i>Wg mini bagel w cream cheese & diced peaches</i>	<i>Ritz crackers & string cheese</i>
22. Wg French toast, diced pears	23. Wg Cinnamon Chex Cereal fruit cocktail	24. Wg Cinnamon raisin bagel w cream cheese, banana	25. Wg Cheerios w fruit cocktail	26. Wg biscuit w butter & applesauce
<u>Grilled chicken w buttered wg noodles, applesauce, steamed broccoli</u>	<u>Wg fish sticks, green beans, apples</u>	<u>Meatball sub w sauce on wg roll, with, peaches, fresh carrots</u>	<u>Popcorn chicken, wg dinner rolls, fresh broccoli, strawberries</u>	<u>Wg pasta w meatballs & se, tossed salad w dressing diced pears</u>
<i>Yogurt & Wg granola</i>	<i>Wg Sun chips, 100% orange juice</i>	<i>Wg Cinnamon bread w Nutella, strawberries</i>	<i>Wg blueberry muffin and blueberries</i>	<i>Wg Cheez-Its & 100 % apple juice</i>
28. Wg muffin, 100% orange juice	29. Wg Cinnamon Chex Cereal, diced pears	30. Wg bagel w cream cheese & applesauce	31. WGs. Special K cereal and blueberries	Aug 1. Warmed biscuit w butter, mandarin oranges
<u>Sloppy Joe's on wg bun, sweet peas, orange slices</u>	<u>Goulash, g, beef & wg macaroni noodles, diced peaches, sweet corn</u>	<u>Wg pepperoni pizza tossed salad, fruit cocktail</u>	<u>Wg chicken nuggets, steamed sliced summer squash, apple slices</u>	<u>Italian hoagie on wg bun w Italian dressing, carrot sticks, bananas</u>
<i>Wg Chex mix & sliced strawberries</i>	<i>Wg Soft Pretzel and 100% fruit juice</i>	<i>Wg sliced bread & turkey slices</i>	<i>Fruit & Sun Chips</i>	<i>Cucumber Slices & cubed cheese</i>

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