




Monday	Tuesday	Wednesday	Thursday	Friday
		1. Wg English muffin w jelly, sliced strawberries <u>Soft beef tacos w/ lettuce, shredded cheese, corn, peach slices</u>	2. Wg Kix Cereal, applesauce <u>Ham slices, steamed & seasoned sweet peas, pineapple tidbits, wg garlic bread sticks</u>	3. 
6. 	7. Wg Corn Flakes, applesauce <u>Cheeseburger on wg bun, mini corn cobb, mandarin oranges</u>	8. Wg Pancake-on-a-stick, banana slices <u>Breaded chicken slider on wg bun, fresh green beans, orange slices</u>	9. Wg Rice Chex Cereal, strawberries Brunch for Lunch! <u>Egg, sausage & cheese breakfast sandwich on wg English muffin, mini potato pancake, peaches</u>	10. Cheese omelet, wg mini croissant, blueberries <u>Sweet-n-sour chicken wg rice, broccoli, orange slices</u>
13. Wg biscuit w butter, turkey sausage patty, apricot halves <u>Popcorn chicken, tater tots, applesauce, wg dinner roll.</u>	14. Wg Cheerios, diced peaches <u>BBQ pulled chicken wrap w shredded cheese, carrot sticks, pineapple tidbits</u>	15. Wg bagel w butter, orange slices <u>Ham & Cheese sandwich, cucumber slices, apple slices</u>	16. Wg Frosted Mini Wheats, banana <u>Wg pasta w/ g. beef & tomato sauce, tossed salad, tropical fruit salad</u>	17. Wg pancakes w/ syrup, pears <u>Chicken tenders, fresh green beans, applesauce, wg dinner roll w/ butter</u>
20. Egg & cheese omelet, wg mini croissant, apple slices <u>Sausage patty w/ ketchup, hash brown potato, mixed fruit, English muffin</u>	21. Yogurt w wg granola, banana slices <u>Turkey & Cheese sandwich on wg bun, fresh broccoli, applesauce</u>	22. Banana nut muffins, peaches <u>Grilled Chicken, green beans, mandarin oranges, wg dinner roll</u>	23. Wg Kix Cereal, sliced pears <u>Wg turkey pepperoni pizza, mini corn cobb, applesauce</u>	24. Wg breakfast pizza, orange slices <u>Meatballs w sauce, wg breadstick, spinach salad, pineapple slices</u>
27. Wg French toast w syrup, diced pears <u>Cheeseburger on wg bun, baked tater tots, mandarin oranges</u>	28. Wg Frosted Mini Wheats, pineapple tidbits <u>Wg beef ravioli w sauce, diced peaches, w buttered carrots</u>	29. Wg waffles w syrup, blueberries <u>Salisbury steak, mashed potatoes, apple slices, wg dinner roll</u>	30. Wg Cheerios, banana slices Cultural Day-Asian Cuisine <u>Asian Chicken Wraps w teriyaki sauce (shredded carrots & lettuce) w shredded chicken, pineapple tidbits,</u>	

School breakfast consists of :

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

100% juice available
Whole grain cereal bars and toaster pastries available

Menus subject to change
Whole grain available daily

Milk Choices Offered Daily

Low-Fat White & Chocolate

Daily Alternate:

PB&J on WG Bread

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate

Choice of Vegetable, Choice of Fruit*

Choice of Grain/Bread, and Choice of Milk

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

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