



Director of Food & Nutrition

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Monday	Tuesday	Wednesday	Thursday	Friday
3 Penne Rosa w/Garlic Breadstick Broccoli	4 Sloppy Joe on a Bun Carrots	5 Chicken Fried Rice w/Sliced Bread Mixed Veggies	6 Swedish Meatballs over Noodles Corn	7 French Bread Pizza Green Beans
10 Meatball Hoagie Green Beans	11  Veteran's Day No School	12 Cheeseburger on a Bun Corn	13 Beef Nachos w/Cheese Sauce Refried Beans	14 Fiestada Pizza Carrots
17 BBQ Rib Sandwich Carrots	18 Baked Penne w/Garlic Breadstick Broccoli	19 Chicken Patty on a Bun Broccoli	20 Oven Roasted Turkey w/Stuffing & Sliced Bread Mashed Potatoes w/Gravy Corn Dessert	21 Hot Dog on a Bun Green Beans
24 Hot Ham & Cheese on Pretzel Roll Broccoli	25 Corn Dog Nuggets Carrots	26 Early Dismissal Boneless Wings w/Garlic Toast Green Beans	27  NO SCHOOL	28  NO SCHOOL

**WHAT MAKES A MEAL?**

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate

Choice of Vegetable, Choice of Fruit*

Choice of Grain/Bread, and Choice of Milk

*Students must choose at least one fruit or vegetable

MILK OPTIONS

Fat Free White, 1% White, Fat Free Chocolate,
Fat Free Strawberry

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots

Dark Leafy Greens | Legume Salads

Celery & Cucumber

*May choose two 1/2 cup servings

Crisp Apple | Sliced Peaches | Mixed Fruit

Fresh Orange | Banana | Pineapple Tidbits

Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.

9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS

Breaded Chicken Patty Sandwich

Hot Dog on a Bun

Cheeseburger

Grilled Chicken Sandwich

Cheese Pizza

Pepperoni Pizza

Chef's Salad w/Ham & Turkey