New Horizon North School Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 Wg waffles w/ syrup, ap- plesauce	4 Wg Chex cereal and banana	5 Warmed English muffin w jelly, 100% orange juice	6 WG Cheerios, orange slices	7 Cheese omelet, wg toast & butter, diced pears	What Makes a Breakfast Meal? School breakfast consists of :
10 Wg breakfast pizza, 100% Orange juice	11 Kix cereal w/ mandarin oranges	12 Wg Cheerios, diced pears	13 Wg pancake on a stick, applesauce	14 Wg toast w jelly, turkey sausage, 100% grape juice	Entrée, 1 Cup Fruit, and 1/2 Pint Milk 100% juice available Whole grain cereal bars and toaster pastries available MENUS SUBJECT TO CHANGE
17 Cheese omelet, hashbrown, mandarin oranges	18 Wg warmed bagel w cream cheese, fruit cocktail	19 Wg Cinnamon Chex Cereal, bananas	20 Wg biscuit w butter & ap- plesauce	21 Wg Pancake w syrup & fruit cocktail	Whole Grains Available Daily
24 Bran muffin & mixed fruit	25 Cinnamon Chex Cereal, diced pears	26 Warmed Wg bagel w cream cheese & applesauce	27 Wg warmed biscuit w but- ter, turkey sausage patty,	28 WG. French toast sticks w	Milk Choices Offered Daily Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White
31	4/1	4/2	100% grape juice	syrup and blueberries 4/4 Wg warmed biscuit w	The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE
Wg toast w butter, scram- bled eggs, diced pears	Corn flakes cereal, ap- plesauce	Turkey sausage, hash browns	WG. Special K cereal and blueberries	wg warmeo oiscuit w butter, orange slices	